



# OVERPAID PARASITES !

## Politicians get Huge Pay Rise - While Penalty Rates are Cut for Low Paid Workers

Last month the so-called 'Fair Work' Commission cut the penalty rates for workers in the hospitality, retail and fast-food industries - and on the same day politicians and senior public servants got a huge pay rise!

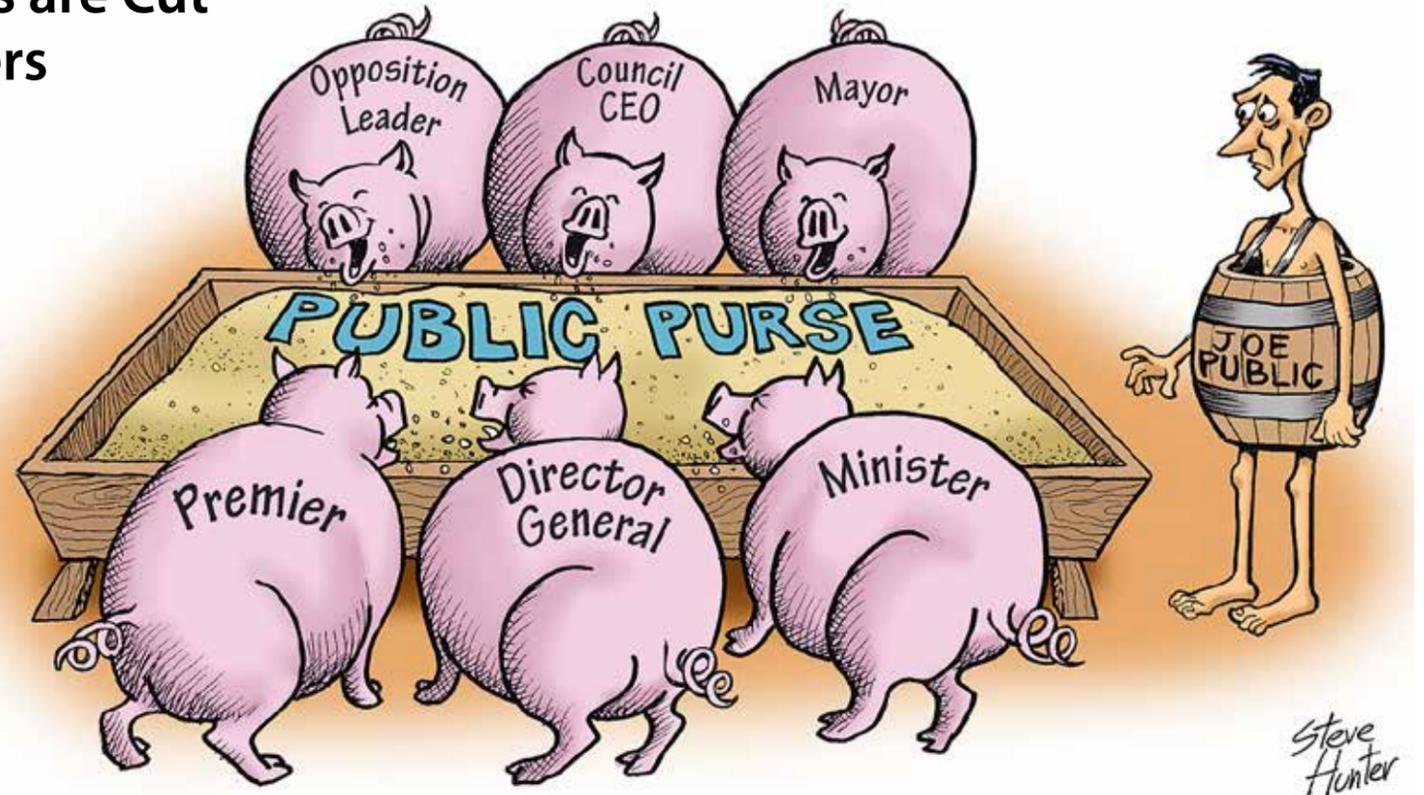
So about half a million people, including some of the country's lowest-paid workers, lost up to ~ \$6,000 a year, while some of the highest paid individuals in our society got a huge pay increase!

Go figure.

Here are some sobering salary statistics to swallow with the rest of the bitter pills of increasing electricity prices, toll roads, rate increases, and so on that these parasites are responsible for.

Of course these are just 'base salaries', and don't include all the other perks and privileges they are 'entitled' to receive - like cars, offices, free air travel, etc. etc etc.

The Premier now actually earns MORE than the salaries of the leaders of China, India and Russia combined!



Politicians and Bureaucrats Pig-Out While Ordinary People Struggle

"When there are 1.8 million Aussies struggling on the minimum wage of less than \$40,000 a year, and a further 3 million who depend on an age or disability pension of \$20,000 - \$25,000, to pay politicians and public servants so much is obscene."

"If elected, I promise to give away half of the bloated MP's salary each week to a club or service organisation in my electorate - and our party will do all we can to cut the salaries of these overpaid parasites."

There is only one antidote to selfishness and greed - and that is selfless service, and I and all the candidates for our party are committed to public SERVICE", he said.

*If elected, I promise to give away half of the bloated MP's salary each week to a club or service organisation in my electorate. Jeffrey Hodges*

	ANNUAL SALARY
Premier	\$ 390,000 +
Opposition Leader	\$ 320,000 +
Minister	\$ 320,000 +
Prime Minister	\$525,000 +
'Junior' MP	\$150,000 +
BCC Lord Mayor	\$ 295,000 +
Council CEO	\$ 500,000 +
Directors General	\$ 500,000 +

What is even more concerning is that the salaries of senior public 'servants' are even greater than that of the politicians they 'serve'!

For instance, in addition to the outrageous salary of \$500,000 + paid to the Brisbane City Council CEO, there are seventy council executives now earning over \$200,000 per year. Add to this the thousands of state and federal public servant 'executives' on salaries ranging from \$400,000 + to over \$850,000 + for the head of the PM's department!

Why are we paying these unelected, bureaucratic pen pushers so much!

Of course, there is a deafening silence on this issue from both ALP and LNP politicians who all have their greedy snouts firmly in the public trough, while the rest of us struggle to make ends meet with the ever increasing costs of living.

## New Political Party Says : "Cut Their Salaries !"

Jeffrey Hodges, leader of the new **Civil Liberties & Consumer Rights party** and candidate for the seat of Nicklin, is calling for a significant reduction in the excessive salaries paid to politicians and senior public servants.

### ONE IN FIVE CEOS ARE PSYCHOPATHS

Research published earlier this year found that 21% of corporate CEOs show significant psychopathic traits ..... the same percentage of psychopaths that is found in prison populations!

Psychopathic traits include :

- A lack of empathy and concern towards others distress;
- A desire to exploit and manipulate others; and
- Self-centred and devious behaviours

All of which seem to accurately reflect today's corporate bosses, don't you think?

## Corporate Greed: Ceos Paid 200 Times Workers' Salaries !

But it's not just politicians and senior public servants who are on outrageous wages : corporate CEOs take the first prize for selfishness and greed by a long shot!

The latest statistics available show that your average CEO is paid about **200 times the wage of the lowest paid worker in a company.**

So what? Who cares if the CEOs are on huge salaries if they are doing the job and creating profits for the company and shareholders? Isn't this just jealousy - the politics of envy?

What harm does it do? Doesn't the wealth just 'trickle down' to everyone else?

# Welcome to the Queensland Guardian News

Educated and well informed people cannot be manipulated or controlled.

However, our media and 'news' outlets have been taken over by vested interests that seek to undermine our democracy and rights in favour of the corporatocracy - a small group of wealthy individuals who own most of the world's large companies - and whose aspirations are to own it all!

Their greed and desire for power knows no limits, and the major television, radio and newspapers – which they own - are carefully controlled and scripted to influence and manipulate public opinion to the advantage of these wealthy elites – *and to the great disadvantage of the majority of ordinary Australians.*

The so-called 'news' is mostly a fabrication of deliberate webs of spin to deceive the dumbed-down and ill-informed populace to remain asleep and not question or challenge decisions made by the establishment that are undermining everything we hold dear - from our democracy, to our jobs, to our public assets and services, to our very land.

Mainstream 'news' can no longer be considered factual or accurate - and even 'scientific' reports need to be seriously questioned because of an ever increasing control of universities and research institutes funded by huge corporations with vested interests in 'spinning' stories to suit their own ends - and profits.

The *Queensland Guardian News* brings light into this stinking cesspool of deception to show you the truth of how *our current politicians, government bureaucrats and corporate executives are colluding to take over not only our public assets such as roads, power and water, but to increasingly limit our freedoms and control dissent in favour of a corporate-controlled, global government.*

The following words were written by a great visionary of a different time, and whose country faced then the same sort of tyranny that we now face in Australia. Consider how relevant they are for us today :

*"..... governments are instituted among men, deriving their just powers from the consent of the governed. .... whenever any form of government becomes destructive ..... it is the right of the people to alter or to abolish it, and to institute new government ....*

*.....it is their right, it is their duty, to throw off such government .....*

*Thomas Jefferson.*

The *Queensland Guardian News* stands as a guardian of civil liberties and consumer rights and is committed to bringing to public awareness *the stories and ideas that main stream media don't want you to know about*, and which challenge the established 'authorities' in control of our country.

We are committed to uncovering the truth; to the *factual accuracy* of our stories; and to *freedom of speech* – regardless of whether a

story 'offends' the sensibilities of some minority, or the majority!

The *Queensland Guardian News* is published regularly by Civil Liberties, Consumer Rights, No Tolls.

Contact us at: **07 5445 7994**  
**[www.consumerrights.org.au](http://www.consumerrights.org.au)**  
**[jh@no-tolls.org](mailto:jh@no-tolls.org)**

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# New Consumer Rights Party Calls For An End To 'Privatised' Power

The new Civil Liberties & Consumer Rights party is calling for Qld to immediately withdraw from the National Electricity Market (NEM), and to return once again to direct billing of consumers.

Party leader and spokesperson Jeffrey Hodges who is standing for the seat of Nicklin, said : *"This current system is just a scam and a rip-off, and electricity 'retailers' are simply unnecessary middle-men profiteering from something governments previously provided for us at a fraction of the cost for the last 100 years. Let's cut out these unnecessary and greedy middle-men."*

*"It's been estimated that we could immediately reduce our power bills by about one-third by returning to the system where our state-owned generators and distributors once more sold electricity directly to consumers,"* he said

The party also wants Qld to withdraw from the National Competition Policy, which they claim has been a total failure and led to a loss of local industries and jobs, increased prices for essential services, and facilitated the sell-off of our public assets.



## About Civil Liberties & Consumer Rights

As corporate power grows, individuals and even governments are at a loss as to how to temper the greed and indifference of huge companies who owe allegiance to no nation, and have no moral compass except that of self interest.

Our aim is to re-instate an ethical distance between government and business : how can government regulate and control the excesses of the market economy if it is in bed with large corporations, and where politicians and political parties receive millions of dollars in 'donations' from them? It cannot.

We must re-establish clear and unambiguous guidelines as to the separate roles of government and the private sector, and act in the community's interest and welfare; to put the community first and foremost - before profits.

When these roles become blurred - as has happened with governments of all persuasions all over the world over the past thirty years - corruption flourishes, and innovation becomes replaced with cronyism and stagnant, monopoly control. A system worse than communism - corporate oligarchy.

**Civil Liberties & Consumer Rights** stands for the public interest in the face of corporate greed and powerful vested interests that seek to own our public assets, curb our freedoms, and increasingly control our lives.

## Our Motto : LEAVE THINGS BETTER THAN YOU FOUND THEM !

*We will ....*

- Be Independent, Honest and Trustworthy – party officials and elected representatives are prohibited from accepting financial 'donations'.
- Safe Food & Water. Ban GMOs, and stop fluoridation of our water.
- No Privatisation. End tolls on roads, and keep our roads, power, water and other essential assets in public ownership.
- Protect our Civil Liberties : right to free speech and right to refuse medication. Encourage participatory democracy by holding referendums on important social issues. Let the people decide!
- Veto power for local communities over unwanted 'developments'. People shall have the right to say 'No' to CSG mines, shopping centres, and other developments that impact on their community.

See all our policies at **[www.consumerrights.org.au](http://www.consumerrights.org.au)**

## The 'Trickle-Down' Economics Lie !

*We've been told – by the wealthy – that when the rich get richer this wealth 'trickles down' to the rest of society, and so we should not be concerned about some individuals earning large sums of money.*

*Yet the statistics show that since 1979 the top 1% of income earners have seen an increase in their real income of over 120%; the top 20% have had real increases of about 30%; while the bottom 80% of income earners have had decreases of 5 – 30 % of their income in real terms.*

*So the 'trickle down' concept of wealth distribution is just a bare faced lie promoted by the wealthy to justify their greed.*

*When the rich get richer, the poor rarely benefit at all, and they usually get poorer.*



## The Great Electricity Scam !

There is one, and only one, reason why your power bills are so expensive – it's because of privatisation and 'middle men' profiteering.

Not so long ago we used to be billed for our electricity directly by the government through the South East Qld Electricity Board (SEQEB) - do you remember? Back then, there were none of these unnecessary middle men; no electricity 'retailers' adding their greedy snouts to the trough; and as a consequence we paid a fair price for the electricity which the state generated for us.



Cut Our Power Bills by 1/3 - Get Rid of Electricity 'Retailers'!

Then in the mid nineties, all our state and federal governments stupidly signed on to the National Competition Policy (NCP) "reforms" and created the National Electricity Market (NEM). These competition reforms were supposed to cut red tape and promote 'efficiency' and as with all the other privatisation scams, we were promised it would lead to lower prices.

Yeah, right! Instead, the NEM and NCP have simply looted the public for the benefit of private corporations, and of course we now have electricity prices that have increased by 400% since then!

Here's why :

*The Competition Principles Agreement* signed on 11th April 1995 stipulates that "Government businesses should not enjoy any net competitive advantage simply as a result of their public sector ownership." In other words, this ridiculous NCP forbids state-owned enterprises from performing the public services for which they were designed, and instead forces them to operate as for-profit corporations, so that private companies can compete!

Why? Isn't it the function of government to provide essential services to us as cheaply and reliable as possible?

*There is no reason to involve private corporations at all in the provision of essential public services.*

In March this year the Grattan Institute identified that that the retail component comprises about 30% of the household electricity bills, and that while wholesale prices have been static for the past ten years, electricity retailers have **doubled their charges in this time.**

For what?

The only 'services' these unnecessary electricity 'retailers' provide are metering, billing and 'customer service', all of which used to be done at a fraction of the cost by SEQEB. We got our power from SEQEB, and they billed us directly – no middle men, no "marketing costs", and no elaborate array of futures, swaps and other financial instruments used to hedge against the fluctuations of the 'market' - the costs of which are of course passed on to us consumers.

***Very simply, we could immediately reduce power bills by about one-third by returning to the system where our state-owned generators and distributors once more sold electricity directly to consumers.***

The Civil Liberties & Consumer Rights party is calling for Qld to immediately withdraw from the National Electricity Market (NEM), and to return once again to direct billing of consumers. Let's cut out the unnecessary and greedy middle-men who are just profiteering here.

We also want Qld to withdraw from the National Competition Policy, which has been a total failure and led to a loss of local industries and jobs, increased prices for essential services, and facilitated the sell-off of our public assets.

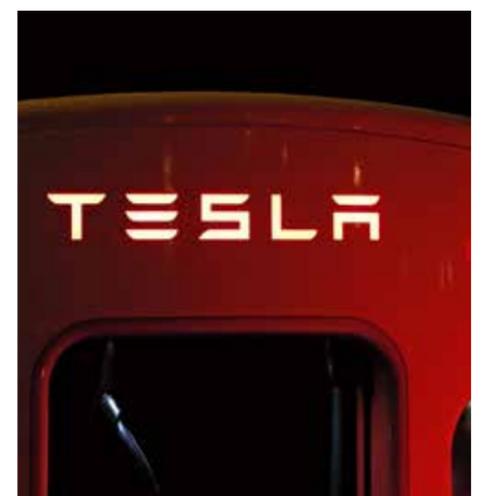
## The Solution - Get Off the Grid!

Tesla's latest solar powered battery, the Powerwall 2, will now allow many households to not just potentially offset their electricity bill, but move off the grid entirely! The average household uses about 16kWh a day, and the Powerwall 2 already has a usable capacity of 13.5kWh, and with the expected technological improvements and price reductions over the next couple of years, each household could become completely power self reliant.



At the moment those homeowners who have solar panels alone can offset their electricity bill by selling back to the grid in times of excess, but with the end of government incentives, solar owners are being paid a pittance for their excess power. The cost of electricity purchased from the grid is now four to five times more than the payments provided for feeding in excess power, so the solution is to complement solar panels with a solar powered battery which can store power.

If everyone did this, then where is the need for billion dollar power generators - be they coal fired or renewable? Where will be the need for expensive 'poles and wires' - which are susceptible to damage from increasing extreme weather events?



The Civil Liberties and Consumer Rights party advocates government subsidies to encourage everyone to collect and store their own electricity via solar panels and storage batteries, rather than investing in expensive generation and distribution infrastructure which is just pushing up prices and making huge profits for middlemen.

# Social Consequences of Economic Inequality

According to Richard Wilkinson, emeritus professor of social epidemiology, economic inequality in a society causes **great** harm – to both the poor AND to the wealthy.

He has assembled a mountain of irrefutable evidence from all over the world that shows that however rich a country is, it will still be more violent, more dysfunctional, sicker and sadder if the gap between the rich and poor grows too wide.

Poorer countries with a fairer wealth distribution are healthier and happier than rich, more unequal nations, and these differences show up in statistics such as infant mortality, life expectancy, homicides and other crime rates.

So super wealthy countries such as the USA or Saudi Arabia are more dysfunctional and sicker societies than poorer countries like Greece or Ireland.

**Further, Thomas Scanlon, Professor of philosophy at Harvard university says there are sound reasons why we should object to economic inequality :**

1. **Economic inequality gives wealthier people an unacceptable degree of control over the lives of others;**
2. **Economic inequality undermines the fairness of our political institutions and the economic system itself; and**
3. **Workers, as participants in a cooperative society that produces national income, have a claim to a fair share of what they have helped to produce.**

## What Happens When Greed Gets Out of Control

Here is an interesting fact to ponder. Back in 1851 the New York Herald Tribune under the sponsorship and publishing of Horace Greeley, employed an obscure journalist by the name of Karl Marx as its London correspondent.

Marx, stone broke, and with a family ill and undernourished, constantly appealed to Greeley and managing editor Charles Dana for an increase in his pathetic salary of \$5 per instalment - a salary which he and his colleague Friedrich Engels labelled as the "lousiest petty bourgeois cheating."

His financial appeals were denied, so Marx eventually quit – and devoted his talents full time to the Communist cause that would bequeath the world the horrors of Lenin, Stalin, Mao Tse Tung and the bloodiest revolutions in history.

*How might history have been different if only that greedy capitalistic New York newspaper had treated him more kindly - if only Marx had remained a journalist?*

I hope all the current greedy, overpaid company CEOs, politicians and bureaucrats will bear this salutary lesson in mind, and take immediate action to redress the economic inequality in our society.



Karl Marx and Friedrich Engels



*How might history have been different if only that greedy capitalistic New York newspaper had treated him more kindly - if only Marx had remained a journalist?*



*It's been estimated that the communist ideology in just two countries - Stalin's Soviet Union and Chairman Mao's China - killed over 80 Million people.*

## The Illusion Of 'Democracy'

Do we live in a genuine democracy, where any of us can reasonably be elected to parliament?

What do you think?

Some people suggest that our democracy is simply a façade, and that we live in a slavery system to a growing corporatocracy – rule by powerful corporations, which owe allegiance to no nation, and who are following a globalist plan of total world domination.

Consider some evidence that supports this view :

Modern democracy depends to a large extent on the ability of parties to spend huge amounts of money on television and media advertising and unless millions of dollars can be spent, there is little chance of being elected.

Of course, if one needs to spend this amount of money, then those putting up the money will want something in return.

Let me demonstrate this with a case study showing you just the tip of this corporatocracy iceberg.



## Qld Motorists Condemned to Pay tolls until 2051

In late 2016, without any public consultation, and little media attention, Anna Palaszczuk and the Qld Labor government broke Sir Joh's promise that when the costs were paid off, the tolls would end - and condemned Qld motorists to paying tolls on the Logan Motorway until 2051!

In return for spending \$512 million for upgrades, *Transurban has gotten an extension of the tolling concession until 2051 - that's 34 more years of paying tolls!*

What a great deal - for Transurban that is. Pity about Queensland motorists and truckies.

## Transurban & the Toll Rort !

In previous issues we have exposed the toll road rort, but let's dig a bit deeper into the muck to expose the truth behind the tolls.

Scott Charlton is CEO of Melbourne based road tolling company Transurban, which operates most of the toll roads in Qld, Vic and NSW.

In 2008 the Washington Post revealed that Transurban **made illegal donations to politicians on both sides** in the USA - it contributed \$172,000 to both Democrat and Republican politicians, including the then Governor and dozens of state senators and delegates.

Surprise, surprise, those same politicians were influential in Transurban being awarded a lucrative **80 year tolling contract!** *Many of the deal's biggest political supporters were recipients of significant contributions from Transurban.*

Despite **admitting** to these illegal donations and requesting the return of the money from the politicians, Transurban had already secured the rights to toll the roads - the deal was done, and nothing happened to either the US politicians or Transurban executives!

Now we weren't able to discover any **illegal** payments to politicians or bureaucrats by Transurban here - *but then paying politicians is not illegal in Australia, it's just standard business practice!*

**PAYING POLITICIANS IS NOT ILLEGAL IN AUSTRALIA, IT'S JUST STANDARD BUSINESS PRACTICE!**

*Transurban has 'a bob each way' - both the ALP and LNP are the recipients of generous 'political donations' from Transurban.*

No matter who is in government or opposition, no one questions or challenges these lucrative deals done. Deals which result in motorists being ripped off daily to drive on roads which used to belong to them.



## Where Does Your Toll Money Go ?

Did you think your tolls went to government to "fund and build better roads"?

Sorry to burst your bubble. All toll money goes into the coffers of Transurban, much of it to their executive team who are all living lives of luxury on multi-million dollar salaries, on the back of your toll payments! *None of the toll money you pay actually goes to government.*

## Get Rid of Speed Cameras !

By Ziggy Zapata

State governments try to justify the deployment of speed cameras by stating they "save lives." This is an outright lie.

Every year, more and more of these insidious cameras are installed yet they have not reduced road fatalities and accidents at all.

State governments run the propaganda that "Speed Kills", but speed doesn't kill - it is just a measurement of velocity.

What *does* kill are motorists who are incompetent drivers or who don't drive to the prevailing conditions - and no speed camera will prevent this.

Road fatalities have reduced over the years up to around 2006 because of the introduction of many safety features in cars, such as airbags, crumple zones, anti-lock brakes, electronic stability control and many other technological enhancements. These active measures actually do save lives, however speed cameras are simply a cynical money making scheme with *over a million Queenslanders fined every year.*

Speed cameras also make errors. Recently in Victoria 550 fines were withdrawn after

*the cameras were infected by a computer virus!*

In addition, the current arbitrary speed limits of 100 kph on the highways and 110 kph on the motorways are manifestly out-of-date, since modern cars can safely travel at speeds of 130-140 kph on decent roads without any concern whatsoever, and the current speed limits should be increased - most motorists are routinely travelling faster anyway.

Finally, think of the hundreds of thousands of police hours that are wasted fining law-abiding citizens who are doing a few kilometres over the speed limit - police time that would be better spent chasing real criminals.

*Ziggy Zapata is the founder of the Campaign Against Road Ripoffs* [www.carr.org.au](http://www.carr.org.au)

The **Civil Liberties & Consumer Rights** party will GET RID OF SPEED CAMERAS AND TOLL ROADS.

*Watch out for these new automated speed cameras!*



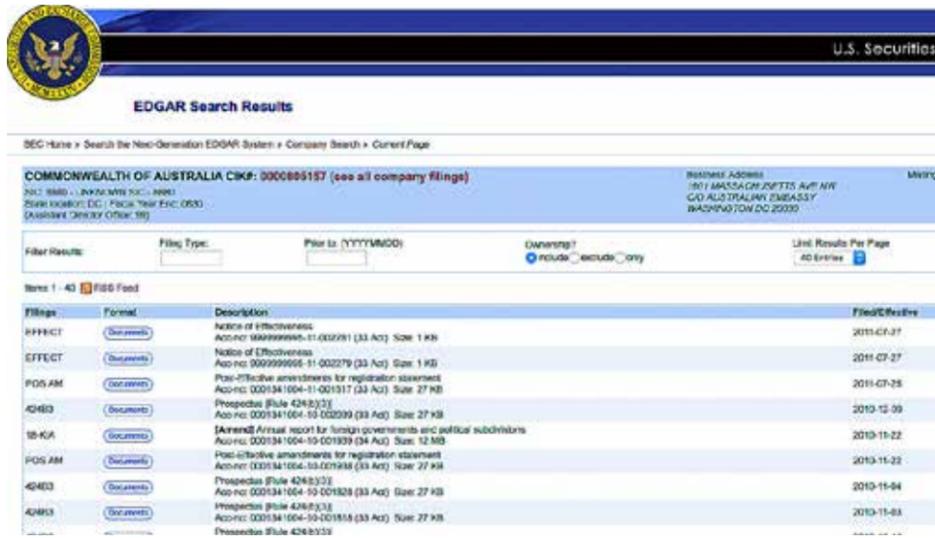
# Our 'Governments' are U.S. Listed Corporations

Our so called democratic governments are really U.S. corporations trading within Australia.

The current entity enabling commerce within Australia is the "COMMONWEALTH OF AUSTRALIA" and is listed on the United States of America's Securities and Exchange Commission as a US corporation - registration number 0000805157.

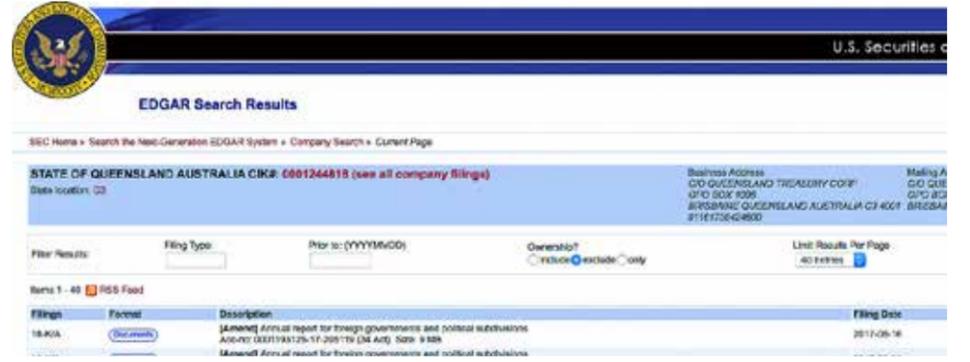
Don't believe it? Think this is just some 'conspiracy theory'?

Take a look yourself at the US SEC's website. Here is a screen shot exposing the truth.



Likewise, the "STATE OF QUEENSLAND" is a US corporation listed on its Securities and Exchange Commission with Registration number 0001244818.

Here is the screen shot proof:



Our original government under the Constitution provided to us in "The Commonwealth of Australia Constitution Act 1900/1901 (UK) was the "Parliament of the Commonwealth" and NOT the "Commonwealth of Australia."

These entities are trading in Australia – without the knowledge of, or consent of, most of the Australian people - and this amounts to a fraud against the people of Australia.

When did we change our governments to US listed corporations?

Why do all our state governments and the federal government provide an "annual report for foreign governments and political subdivisions" to the US Securities and Exchange Commission?

These are questions we have no answer to, but the suspicion of many free thinkers is that our governments are just a sham; there is no real democracy here - and you are just a slave in a US based corporate oligarchy – a secret corporatocracy.

# The State is a Social Construct

The state is a simply a social construct – it only exists, it only has power, when there are people who subscribe to its values and ideals and are willing to adhere to its laws.

YOU have the power to change the way you are governed, if your political will is strong enough.

If you want a society where our most talented and industrious young people are supported and encouraged to extend their skills and talents – rather than burdening them with huge HECS debts even before they have a job .....

If you want a society where individuals cannot hide behind the façade of a 'corporation', and avoid paying fair taxes, and abrogate any environmental and social responsibilities..



If you want to a society that encourages and upholds direct democracy on important social issues ..... Then YOU can create it!

## Your Choices

**YOU HAVE THREE CHOICES FACING YOU :**

1. You can put your head in the sand and pretend that this is a crazy conspiracy theory or 'fake news' - and just go about your life as if nothing has changed. Just consume, be silent, and die without causing a fuss. Perhaps one day - in your sixties - after you've paid off your student loan, you might be able to afford to buy your own home!
2. Secondly, you can accept the slavery system, and work your way up the social ladder to become one of the many 'senior slaves' who have sold out everyone else to our corporate masters. You will never be genuinely free, and perhaps your conscience might trouble you from time to time, but you will live a materially wealthy life and have some measure of 'power' – though of course you will never be one of the masters.
3. The third alternative is to challenge this slavery system – to stand up, speak out, and take action. Become politically aware and actively strive to change things for the better.

You can do this by forgetting about the ALP and the LNP at the next election – and vote for **Civil Liberties & Consumer Rights**.

Remember these words written over 250 years ago at the beginning of another revolution:

".... governments are instituted among men, deriving their just powers from the **consent of the governed**. .... whenever any form of government becomes destructive ..... it is the right of the people to alter or to abolish it, and to institute new government ....

.....all experience hath shown that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed.

But when a long train of abuses and usurpations, pursuing invariably the same object evinces a design to reduce them under absolute despotism, **it is their right, it is their duty, to throw off such government**, and to provide new guards for their future security.



## Sound Healing Meditations at the Relaxation Centre

Sound has been used for thousands of years by almost every culture as a tool for healing and creating altered states of consciousness – from the didgeridoo, to Tibetan singing bowls, to Hindu and Buddhist chants.

Sound healing uses the principle of resonance : everything in the universe from fundamental particles, to plants and animals - and we ourselves - are in a state of vibration. Sound is also a vibration and by using the correct resonant frequencies you can clear negative energy and restore health in the body. Sacred sounds raise your vibration and transmutes negative emotions such as anxiety, fear, grief and depression clearing a pathway for love, harmony and health to permeate your physical body, mind and emotions.

Elena Lymbery is a former Russian scientist who operates a sound healing clinic in Brisbane, and offers fortnightly sound healing meditations at the Relaxation Centre.

*"The unique sounds of the crystal bowls and gong coupled with the correct healing intent awaken cellular memories, healing past emotional traumas and activating our highest potential."* she said.



See [www.relaxationcentreqld.org](http://www.relaxationcentreqld.org) or contact Elena on 0447 169 693 for details

## What's Lurking in Your Cleaning Products?

Environmental experts say that about 62 toxic chemicals can be found in various cleaning products in the average home today, and asthma, reproductive disorders, cancer and neuro-toxicity are linked to many household cleaning products. Synthetic fragrances containing phthalates and oven cleaners with their characteristic noxious fumes leave us all exposed on a regular basis.

Acute exposure to toxic cleaning chemicals can produce headaches or skin burns, while long term exposure leads to accumulation of toxins in the body and results in more serious health issues.

While we may find it difficult to avoid chemicals altogether we can reduce them significantly – and remember, just because a cleaning product proclaims itself "green," "natural" or



"biodegradable," it doesn't necessarily mean it is non-toxic!

For a safe, germ killing and all-purpose cleaner, put a tablespoon of vinegar and a few drops of tea-tree or eucalyptus oil into a spray bottle of water, and use simple soaps and fragrance-free products such as essential oils as air fresheners. Try baking-soda paste to clean your oven, and clove and lavender oil to kill mould and mildew.

*Do you need a reliable cleaner that uses safe, natural products?*

Call Jeany on 0434 573 505



Gigi's Cleaning Angels

We only use natural cleaning products to ensure that you enjoy a chemical free environment



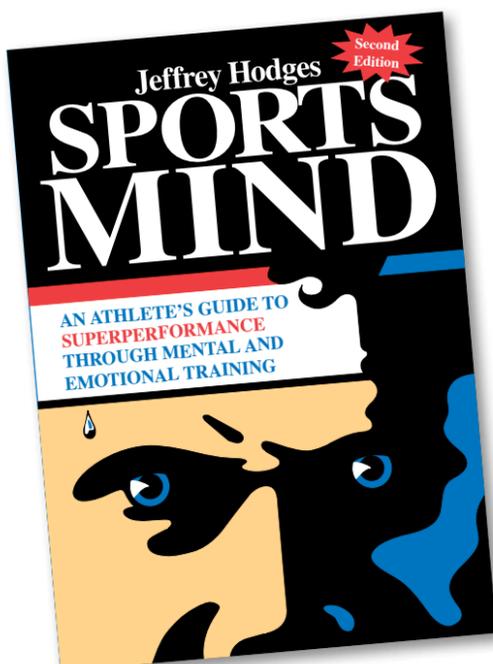
Services we offer:

- Bond cleaning
- Spring cleaning
- Regular domestic cleaning - weekly, bi-monthly, monthly or one time - Units, houses apartments, townhouses and offices

20% off first service  
Conditions apply

Contact us on  
Ph. 0434 573 505  
jeany\_v71@yahoo.com

## Develop A Gold Medal Mindset - Mental Training the Key to Success



**Success in sport is not just about fitness and sporting ability, it also depends on an athlete's mindset - the skills of the Sports Mind.**

In order to unlock your full potential as an athlete you want to train your mind and emotions as well as you train your physical body and the skills of your sport. Every sportsperson knows that *you play best when you are confident, focussed, relaxed and positive* .... yet these aren't physical attributes – they're *mental and emotional* ones.

According to local author and performance coach Jeffrey Hodges,

these skills of the Sports Mind can be improved with the right training :

*"In the same way that you don't get physically fit and skilful with one or two gym workouts or a haphazard approach to training, likewise mental and emotional skills training wants to be undertaken through a structured, well established program like Sportsmind,"* he said.

Hodges established his Sportsmind performance coaching business in 1980 and since then has coached hundreds of sportspeople to national and world titles, including Olympic gold medallists Lydia Lassila and Sara Carrigan.

Hodges recently released his latest book on *Sports Hypnosis* which he says provides sportspeople with techniques for tapping

into the resources of their unconscious mind to improve performance. He is presenting two talks at the Relaxation Centre in October on *Developing A Gold Medal Mindset* where he will share the mental strategies of champions which everyone can use to achieve their full potential.

Interested athletes and coaches can find informative articles at his website [www.sportsmind.com.au](http://www.sportsmind.com.au) and also download free sports success visualisation exercises. More information about the talks can be found at [www.relaxationcentreqld.org](http://www.relaxationcentreqld.org)

He can be contacted at [jh@sportsmind.com.au](mailto:jh@sportsmind.com.au) or phone 5445 7994

# End Political 'Donations'

## CIVIL LIBERTIES PARTY CALLS FOR AN END TO POLITICAL 'DONATIONS'

Let's face it - the majority of political 'donations' have become little more than political 'bribes'.

New revelations about some local, state, or federal politician and un-declared 'donations'

are almost a weekly occurrence, so much so that it is all 'Ho-hum' to many people : "So yet another politician has been found with his snout in some corporate donor's trough ... what do you expect? They're all the same!"

Jeffrey Hodges, leader of the new **Civil Liberties & Consumer Rights** party and who is standing for the seat of Nicklin, says :

*Let's call a spade a spade: political 'donations' are just bribes...*

*"Let's call a spade a spade, and replace the word 'donation' with what it really is - a bribe. A bribe to toe the line to the corporate agenda; a bribe to not make any genuine change to the 'system' as it is. A system which has disenfranchised our people and sold off our publicly owned roads,*

*bridges, ports, resources and essential services. A system which is making us tenants in our own country; a system which has exported our jobs offshore; a system which is making our brightest children begin life with huge HECS debts."*

*"This is a mockery of democracy. While we allow large corporate donors, (who cynically make payments to BOTH the major parties), it means we allow those donors to drive government policy .... for he who pays the piper calls the tune. It's time to end political donations and replace them with a system of public funding of political parties, similar to what they have in France," he said.*



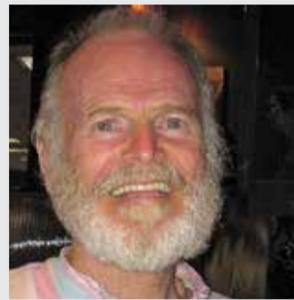
## CIVIL LIBERTIES, CONSUMER RIGHTS & NO TOLLS



### JEFFREY HODGES Our Candidate for NICKLIN

Keep Nicklin Independent! Party founder and Secretary, Jeffrey is an internationally recognised speaker, author, educator and performance coach to elite athletes, including Olympic gold medallists Lydia Lassila and Sara Carrigan.

Jeffrey holds a Bachelor of Science, Masters (Hons) in Social Science, and Bachelor of Education degrees, and believes in protecting consumer rights, keeping essential services in public ownership, freedom of choice in health care, and protection of the environment. He wants to stop the political corruption arising from political "donations", and believes that politicians should be truly independent and serve the best interests of the people, rather than the profits of big corporations.



### NEIL SKILBECK Our Candidate for ASPLEY

Neil Skilbeck is married and lives with Jeany in Carseldine where their body therapy training business is based. Neil's background as a therapist stretches for nearly 50 years. Neil is a registered Chiropractor and Osteopath and has developed a unique form of musculoskeletal therapy that has helped many body therapists to fill in the gaps in their

diagnosis and treatment of patients.

Neil if elected will be advocating that the government needs to listen, attend and serve the people rather than ruling over them.



### JOHN ROBERT TAYLOR Our Candidate for WATERFORD

John was born in Brisbane 1946, and taught high school Maths / Science prior to starting a small business which he ran successfully in Brisbane and Logan for 38 years.

John *wants to see the people of Queensland treated fairly*, and decided to become a candidate for the party because it is the best option for Queenslanders.

John's personal passion is educating people about healthy eating, to reduce sickness and premature death and ease the financial burden of health care on government (around 30% of spending). This will push budgets into surplus and allow more spending on important infrastructure.



### Do YOU want to stand for us ?

*If you agree with our policies, and are honest and motivated, please contact us. We are seeking more outstanding candidates.*

*"Leave things better than you found them"*

## WHAT WE STAND FOR ...

1. Honesty, Integrity and Independence. (Our party and candidates do **NOT** accept any financial donations)
2. Healthy People and a Healthy Environment
3. Freedom of Speech & other Civil Liberties
4. Public Ownership of essential Services (Power, Water, Roads) : **NO TOLLS** - end privatised toll roads
5. Encourage Small Business and Enterprise
6. Consumer Rights and Protections
7. Protect Australian Jobs - not Foreign Corporations' Profits
8. Open & Transparent Government and De-centralisation of Political Power



**Civil Liberties**  
Consumer Rights & No Tolls

See all our policies in detail: [www.consumerrights.org.au](http://www.consumerrights.org.au)

Contact us: [jh@no-tolls.org](mailto:jh@no-tolls.org) | (07) 5445 7994

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